Choose a scale. Make a phrase.

Four independent choices, not a chord progression. Pick one for today.

Notes and chord symbols in the left column are **written for B-flat trumpet**.
It sounds a whole tone lower. The right column is for choosing concert-pitch backing.
C4 = middle C; ♭ = flat; ♯ = sharp. Open = no valves pressed.

Choose one route

Every cell is two bars of 4/4: count **1 2 3 4 | 1 2 3 4**.
Each note or rest lasts one quarter-note beat. The vertical line starts bar 2.

Written route, scale and original practice cell	Concert backing
☐ **Cmaj7 → C major** Scale: C4 D4 E4 F4 G4 A4 B4 C5 Cell: C4 D4 E4 G4 | G4 E4 C4 rest	B-flatmaj7
☐ **Dm7 → D Dorian** Scale: D4 E4 F4 G4 A4 B4 C5 D5 Cell: D4 F4 A4 B4 | A4 F4 D4 rest	Cm7
☐ **C7 → C Mixolydian** Scale: C4 D4 E4 F4 G4 A4 B♭4 C5 Cell: C4 E4 G4 B♭4 | G4 E4 C4 rest	B-flat7
☐ **C blues → C minor blues** Scale: C4 E♭4 F4 G♭4 G4 B♭4 C5 Cell: C4 E♭4 F4 G4 | G4 F4 C4 rest	B-flat blues

Use the short cell first. Add the full scale only within your comfortable range.
The D Dorian cell uses B4 for its natural sixth. D5 in the full octave is optional.

Fingerings for these written notes

C4 Open D4 1+3 E4 1+2 F4 1 G4 Open A4 1+2 B4 2
C5 Open D5 1 E♭4 2+3 G♭4/F♯4 2 B♭4 1
1 is closest to your mouth. A plus sign means press those valves together.

Start tempo _____ quarter-note beats/minute (try 60).

Tricky transition _____

Count every rest. Leave two silent bars between cells. Three repeats: ☐ ☐ ☐

☐ **Changed ending** _____ **Tomorrow** _____

maj7 = major seventh; m7 = minor seventh; 7 = dominant seventh.
For the C minor blues route, use the guide's existing "Hear the scale" and "Hear the phrase" audio.

Choose Your Next Scale →

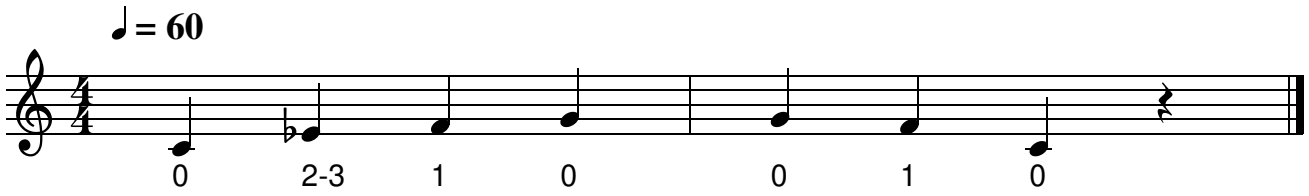
Guide: jazzvalve.com/blog/guides/jazz-trumpet-scales

More context: jazzvalve.com/blog/jazz-trumpet-scales

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C minor blues: the guide audio example

Written B-flat trumpet | 4/4 | quarter note = 60
No key-signature sharps or flats; E-flat is marked explicitly.
Original practice cell. Every note and rest lasts one quarter-note beat.



Valve labels: 0 = open; 2-3 = valves 2 + 3; 1 = first valve.
Valve 1 is nearest the mouthpiece. Play the written notes on trumpet.

Count and play

Count:	1	2	3	4	|	1	2	3	4
Written:	C4	E-flat4	F4	G4	|	G4	F4	C4	rest
Valves:	open	2+3	1	open	|	open	1	open	rest

Sounds: B-flat3 D-flat4 E-flat4 F4 | F4 E-flat4 B-flat3 rest.
B-flat trumpet sounds a major second below its written notes.

Hear it, then play it

On the guide, choose "Hear the phrase": four count-in clicks, then
these two bars. The final beat is silent. Total: 4 count-in + 8 phrase beats.
Playback is synthesized audio, with no accompaniment.

Count every rest. Leave two silent bars before repeating on trumpet.
The four route choices and their full scales remain on page 1.

My next phrase / practice notes