

One lick. Three ways to practise.

Original two-bar practice phrase, not a transcription.

Written for B-flat trumpet. Use a concert B-flat blues backing track (written C).
 C4 is middle C. E $\flat$ 4 means E-flat. Every note here is between C4 and G4.

Read the rhythm

4/4: count "1 & 2 & 3 & 4 &" in each bar. "&" means "and".

Bar	Start count	Written note	Duration	Valves
1	1	C4	Quarter: 1 beat	Open
1	2	E $\flat$ 4	Eighth: 1/2 beat	2 + 3
1	& of 2	F4	Eighth: 1/2 beat	1
1	3	G4	Quarter: 1 beat	Open
1	4	Rest	Quarter: 1 beat	-
2	1	F4	Eighth: 1/2 beat	1
2	& of 1	E $\flat$ 4	Eighth: 1/2 beat	2 + 3
2	2; hold through 3	C4	Half: 2 beats	Open
2	4	Rest	Quarter: 1 beat	-

Open = no valves pressed. 1 is closest to your mouth; 2 + 3 means both down.

1 Count it

Count aloud, then clap the rhythm. Keep counting silently through both rests.
 Start with even eighth notes; add gentle swing only when the count feels secure.

2 Repeat it

Start at 60 quarter-note beats per minute. Play both bars, then count two silent bars before repeating. Give each rest its full length. Take more rest if you need it.

3 Change the ending

Change only the final C4 to G4 or E $\flat$ 4. Keep its half-note length and the last rest.
 Record one attempt. Listen for clear attacks, a steady beat and full rests.

My ending ☐ C4 ☐ G4 ☐ E $\flat$ 4

Next time I will _____

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